

Loughborough International – Sunday 17th May 2026
Loughborough, England
Selection Policy – published March 2026

Overview

The Welsh Athletics performance vision is to deliver a sustainable sector leading elite performance system that consistently transfers talented athletes to UKA's WCP whilst winning medals at Commonwealth Games. As part of this strategy, Welsh Athletics is committed to providing competition opportunities to developing and aspiring Welsh international athletes. Opportunities to compete for Wales are categorised as one of the following;

1. **International Opportunity** - a competitive opportunity in pathway events for senior Welsh athletes.
2. **Representative Opportunity** - a development opportunity in either pathway or non-pathway events for both junior and senior Welsh athletes.

The Loughborough International is classified as an **International Opportunity**.

Selection Policy Aim

The aim of the selection policy is to provide Welsh athletes with a **competitive opportunity** in a pathway event (track and field).

Athlete Eligibility

Eligibility is in line with Welsh Athletics eligibility criteria. To be considered, athletes need to be registered as eligible to compete for Wales by the end of Friday 20th March 2026.

Competition Format

The Welsh team selected to compete in the Loughborough International will provide senior athletes with the chance to compete in a Senior Age Group competition opportunity against athletes representing teams from England, Scotland, GB Juniors and Loughborough University, as well as guest athletes.

Wales will be looking to send teams of up to **1 Female** and **1 Male** in each individual discipline. The Loughborough International includes the following match events: (men and women unless specified) 100m, ambulant 100m, 200m, ambulant 200m (women), 400m, 800m, mile, ambulant 1500m (men), 3000m, 3k s/chase, sprint hurdles, 400m hurdles, shot, javelin, hammer, discus, long jump, ambulant long jump, high jump, pole vault, triple jump, 4 x 100m, 4 x 400m (mixed team, 2 men & 2 women, only).

For para events, athletes with the following UK or IPC classifications can compete:

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100m M & W - T11-13, T35-38, T42-47, T61-64

1500m M - T11-13, T20, T37-38, T45-46

Long Jump M - T11-13, T20, T36-38, T45-47, T42, T61, T63, T44, T62, T64

Long Jump W - T11, T12, T20, T37, T38, T45-47, T42, T61, T63, T44, T62, T64

Para events will be calculated using Raza points.

For relays, Wales will be looking to send up to **1 Female** and **1 Male** 4 x 100m team (with the option for a developmental team) and **1 Mixed** 4 x 400m team (with the option for a developmental team).

There is also a guarantee, if requested, of 1 female and 1 male guest spot for Welsh athletes in both the 100m and 400m. For other events, there is no guarantee of a place.

Selection Process

Selection of the team will use the following process to ensure the **selection policy aim** is met:

Individual events:

STEP 1:

Athletes who satisfy the below criteria will be prioritised during the selection process of the Welsh team, or be eligible for nomination of a guest place.

- Named on the Team Wales 2026 Commonwealth Games long list
- Have achieved the Welsh Athletics International Track and Field Standards listed below between Sunday 18th May 2025 and Friday 24th April 2026.

*Discretion may be applied on a case-by-case basis.

Male	Event	Female
10.60	100m	11.80
21.50	200m	24.20
48.20	400m	55.00
14.30	100/110m Hurdles	14.10
55.00	400m Hurdles	63.00
16.25	Shot	13.50
50.00	Discus	42.00
60.00	Hammer	50.00
65.00	Javelin	45.00
1.51.00	800m	2.02.00
4.05.00 (3.49.00)	Mile*	4.50.00 (4.28.00)
8.22.00 (14:33.00)	3000m*	9.46.00 (16.50.00)
2.00.00	3000m Steeplechase	10.52.00

2.05	High Jump	1.70
7.15	Long Jump	5.25
14.72	Triple Jump	12.45
4.80	Pole Vault	3.70
Ranking	Para 100m	Ranking
N/A	Para 200m	Ranking
Ranking	Para 1500m	N/A
Ranking	Para Long Jump	Ranking

Qualification standards are the 2nd year U20 NDP consideration standards ([Performance Pathway \(welshathletics.org\)](https://www.welshathletics.org) or the old Welsh Athletics International Track and Field Standard, whichever was of a higher standard.

* Qualification for the Mile and 3000m event can be achieved by meeting the 1500m and 5000m standard (these are the standards in brackets)

The achievement of the International Match standards must conform with the following requirements:

- Be achieved in competitions organised or authorised by World Athletics, its Area Associations or its National Member Federations
- Wind assisted performances (or performances where wind measurement was not available) will not be accepted
- Hand timed performances in the 100m, 200m, 400m, 110m Hurdles and 400m Hurdles will not be accepted
- Indoor performances for all events will be accepted
- Road time will not be accepted

For those being considered, the following evidence will be used when selecting the team (in no priority order):

- Performance History
- Head-to-head records
- Career trajectory (priority to performance history and head-to-head record)
- If applicable, any further relevant evidence/information

STEP 2:

If following step 1 a full team has not been selected, then athletes on the UKA/Welsh Athletics performance programmes will be considered.

There is no obligation to fill all available positions.

Relay events: Relay teams will be selected based on the following:

- 4 x 100m – Selecting the best possible team
- Mixed 4 x 400m – Selecting the best possible team
- Development relay races - Individuals from the 2030 relay programme will have priority, after which selection will be based on individual performance evidence

The selection meeting will take place on Tuesday **28th April** and the team will have been announced by Saturday **9th May**.

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The selection panel will consist of members of the Welsh Athletics Performance Team and up to two representative from the Track and Field committee. Selections will be ratified by the Welsh Athletics Head of Performance.

Please note that, if having been selected you become unavailable, evidence for why you are unavailable will need to be supplied to the Welsh Athletics Head of Performance and the relevant Welsh Athletics NTDC.

Appeals Process

There shall be no right to appeal the selection of the Welsh team made by the selection panel.

De-selection Process

De-selection of an athlete may occur following:

1. Failure to adhere to the Welsh Athletics code of conduct
2. In the event of an athlete sustaining an injury or illness following acceptance of their position on the team, they are required to inform the team leader immediately. If required, evidence will have to be supplied. If it is deemed that the injury or illness will negatively affect the athlete's performance this will result in deselection.

Equal Opportunities

Welsh Athletics will not discriminate in the selection of any athlete on the basis of any protected characteristics.

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Amendment

Welsh Athletics reserves the right to amend this selection policy at its sole discretion and will make any amended version publically available (including the date on which the amendment was made) on the [Welsh Athletics website](#)